

## Psalm 23 for Busy People (Toki Miyashina)

The Lord is my Pace Setter, I shall not rush,  
He makes me stop and rest for quiet intervals,  
He provides me with images of stillness,  
Which restore my serenity.  
He leads me in ways of efficiency,  
through calmness of mind; and his guidance  
is peace.  
Even though I have a great many things to  
accomplish each day,  
I will not fret, for his presence is here.

His timelessness, his all-importance will keep me  
in balance.  
He prepares refreshment and renewal in the  
midst of my activity,  
by anointing my head with his oils of tranquillity,  
My cup of joyous energy overflows.  
Surely harmony and effectiveness shall be the  
fruit of my hours,  
For I shall walk in the pace of my Lord,  
and dwell in his house for ever.



## Opportunities at St Michael's to join with others in prayer

### Contemplative prayer

- Friday mornings at 9.10am, in the Savage Chapel
- Also, monthly on 1<sup>st</sup> Tuesday & 3<sup>rd</sup> Sunday evenings  
*This month: Tues 4<sup>th</sup> & Sun 16<sup>th</sup> June – see notice-sheet for venues*

### Fortnightly prayer meeting

alternate Wednesdays, 10:30am in Savage Chapel  
*This month: 5<sup>th</sup> & 19<sup>th</sup> June*

### Monthly Service of Prayer for Wholeness & Healing

first Friday, 12:30pm in Savage Chapel  
*This month and next month: Friday 7<sup>th</sup> June and 5<sup>th</sup> July*

### House-groups, for prayer, bible study, discussion, fellowship and more!

- 2<sup>nd</sup> & 4<sup>th</sup> Mondays of each month, 2pm-3.30pm at 10 Badger Rd  
*This month: 10<sup>th</sup> & 24<sup>th</sup> June*
- Fortnightly on Mondays, 7.30pm-9pm at The Rectory, 85 Beech Lane  
*This month: Monday 3<sup>rd</sup> & 17<sup>th</sup> June; **NO** meeting on 1<sup>st</sup> July.*
- 1<sup>st</sup> & 3<sup>rd</sup> Thursdays of each month, 8.00pm-9.30pm at various venues  
*(see weekly notice sheet for further details)*

### If you would like something included in the next prayer letter please contact:

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## LET US PRAY

### St Michael & All Angels, Macclesfield

June 2019

Shout for joy to the Lord, all the earth.  
Worship the Lord with gladness;  
come before him with joyful songs.  
Know that the Lord is God.

It is he who made us, and we are his;  
we are his people, the sheep of his pasture.  
*(Psalm 100:1-3)*

*This leaflet has been produced to assist us with our daily prayers; we hope you find it useful. Feel free to use as many, or as few, of the suggestions as you feel is right for you, and of course, add your own prayers.*

I shall pass through this world but once.

Therefore any good that I can do, any kind act  
that I can perform for any fellow-creature, let me do it now.  
Let me not delay, or omit it, for I shall not pass this way again.

*(Att. Etienne Giennet 18<sup>th</sup> cent.)*

## “Thy Kingdom Come”

“Thy Kingdom Come” is a global prayer movement inviting Christians around the world to pray specifically that God’s Spirit will work in the lives of five friends. It takes place from Ascension (30<sup>th</sup> May) to Pentecost (9<sup>th</sup> June).

During these 11 days it is hoped that everyone who takes part will:

- Deepen their relationship with Jesus Christ
- Pray for God’s spirit to work in the lives of those they know
- Come to realise that every aspect of their life is the stuff of prayer

*“In praying ‘Thy Kingdom Come’ we all commit to playing our part in the renewal of the nations and the transformation of communities.”*

Archbishop Justin Welby

## Pentecost

Pentecost celebrates the gift of the Holy Spirit, the sustaining love, presence and power of God. This year Pentecost Sunday is 9<sup>th</sup> June. The bible account of the first Pentecost is in Acts 2:1-13.

**Pray for the joy, love and power of the Holy Spirit to be renewed daily in your own life, and in the life of St Michael’s church fellowship.**

**For reflection: “Pentecost is Every Day” by Stewart Henderson**

I share and share and share again  
sometimes with a new language  
which, if you are so open  
will take you behind the sky  
and award you cartwheels across the sun  
I give and give and give again  
not restricted by the church calendar  
or concocted ritual  
I have no need of anniversaries  
for I have always been  
I speak and speak and speak again  
with the sting of purity  
that can only be Me  
causing joyous earthquakes in the mourning soul of man  
I am and am and am again

## For all who serve our church fellowship

We give thanks for all who are part of our Welcome Team: wardens and deputy wardens; sidespeople; those who operate the PA system; and those who serve tea and coffee.

We give thanks too for all who contribute to our worship and fellowship: those who undertake the bible readings and lead prayers; who assist with the administration of communion; who lead worship and preach; who lead the music; who keep our building well-maintained and clean; who arrange flowers and contribute to artwork and displays.

## Our World

**From “I thank you God” (eecomings)**

I thank You God for most this amazing  
day: for the leaping greenly spirits of trees  
and a blue true dream of sky; and for everything  
which is natural which is infinite which is yes.

## Let us pray:

that the Earth be revered and cared for as God intends;  
that we stop poisoning the soil and seas with waste and toxins;  
that we repent of our greed and live simply and lightly on the Earth;  
that all members of this church family take seriously the need to protect the Earth;  
that global warming is halted and reversed before more damage can occur;  
that protection of the Earth be a top political priority.

## Our Nation

At this time of increased division and polarisation of views in our country; of anxiety, uncertainty and even fear, the Archbishops Justin Welby and John Sentamu encourage us: ‘to pray for our political leaders and for a fresh and uniting vision for all in our country.’

## A Prayer for a Shared Future

God of past, present and future,  
be with us as we take our next steps as a nation together.  
May we strive to love our neighbour as ourselves,  
listening and speaking with respectful kindness, embracing difference.  
And, remembering how much we have each been forgiven by you,  
may we offer friendship, grant mercy, and seek peace and justice  
in our shared future. Amen

## Our Church Family:

Pray for the family and friends of Melvyn Wood, Margaret Payne and Mick Tucker whose funerals were held in May, for the children to be baptised in our church in June: Katy-Rose Mills (9<sup>th</sup> June) and Darcy Nicholls (16<sup>th</sup> June); and for Owen Gompertz for whom a service of thanksgiving will form part of the main act of worship on 23<sup>rd</sup> June.

O God, you search me and you know me.  
All my thoughts lie open to your gaze.  
When I walk or lie down you are before me:  
Ever the maker and keeper of my days.

For you created me and shaped me,  
Gave me life within my mother's womb.  
For the wonder of who I am, I praise you:  
Safe in your hands, all creation is made new.

You know my resting and my rising.  
You discern my purpose from afar,  
And with love everlasting you besiege me:  
In ev'ry moment of life or death, you are.

*From Psalm 139: Version by Bernadette Farrell*